

# GFSC/CAPS Fall Season Newsletter

Greater Flemington Soccer Club

December 2018



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## Happy New Year!

On behalf of the Board of Directors, we'd like to wish you and your families a happy and healthy 2019!

We'd also like to say a **HUGE THANK YOU** for the outpouring of love and support this community showed to one of our own, Marvin Zepeda, a 2006 player, and his family during a medical crisis.

In October, Marvin was diagnosed and treated for Arteriovenous Malformation (AVM). [Marvin](#) is now home recovering.



Coach Jono, Marvin, & Coach Josh



## Travel

GFSC had a pretty successful fall season despite the losing battle with Mother Nature. It was very challenging from that respect, but our teams did the best they could to complete as many games and practices as possible.

The **10 Travel Teams** that played in the MNJYSA finished the Fall season with a record of **55-25-12** with **259 goals scored** and 151 goals against! Eight of the 100 league games were not played due to the continued wet weather. As a result, a couple teams could have won their flights if they had been able to play all 10 games.

**Congratulations to the 2008 Boys Meteors, (featured on right), for going undefeated!**



Most of our teams have had at least a 0.500 season which was great to see. The registration and flighting process will start in January for the Spring season. Several teams will likely shift a flight given their Fall performance.

The **Festival Teams** had some good success, but 3 of their 8 festivals were canceled due to weather. GFSC is exploring make-up session options for the festivals not rescheduled by EDP.

For 2010 birth year and older, each trainer will provide a **player evaluation** and will have a brief development discussion with each player/parent. If your coach has not started the process, this will happen in January. The winter training schedule is posted in TeamSnap.

Lastly, we want to say a very big **THANK YOU to all the volunteer team managers and parent coaches** for your time and dedication this season! We would not be able to do it without you! We appreciate your efforts to support your trainer and team, including the tireless scheduling and rescheduling.

**Bonnie Grant**

Travel Program Administrator

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## CAPS Premier

CAPS Premier had another **fantastic season**. **Thank you** to the Team Managers, parents and players for your commitment and dedication to being on time, responding promptly to TeamSnap and for being great students of soccer. All teams are playing in the Eastern Development Program (EDP) with good competition, a few teams at the highest competition that EDP offers. CAPS currently has 9 teams, 6 full-year and 3 Spring-only, **comprising 132 players**.

Most teams had at least a 0.500 season, having played an average of 7 regular matches, 2 tournaments and a state cup. **Hats off to the many wins and the hardware teams brought home this Fall!**

We are pleased to have 6 players from CAPS make the **NJ State Olympic Development Program (ODP) teams!** Their acceptance amongst hundreds of players representing the entire Garden State is a testament to the their hard work and dedication.

As part of our continued support for the healing of our CAPS brother, Marvin, one of the CAPS players had bands created which teams wore during the season. **Many thanks to Enzo Randazzo and the Randazzo family** for this great idea and for donating the bands. Below are the 2007 CAPS Monaco and 2005 CAPS Arsenal teams wearing their MZ5 (Marvin Zepeda #5 - his number) fluorescent green bands. You'll see Marvin is wearing his band at the beginning of this newsletter.



2005 CAPS Arsenal



2007 CAPS Monaco

We kick off **2 nights per week of Winter training** at NexLevel Arena the first full week of January. All training sessions should be listed in your TeamSnap account. Enjoy your rest and come recharged in the new year for a great Winter training and Spring season. In the meantime, we encourage you to watch soccer matches on tv and check out/try YouTube soccer drills/footskills on your own. **Juggling is, as always, a great past time!**

Best wishes to all for a safe and healthy holiday season and all the best in 2019.

Beth Dendis  
CAPS Premier Administrator

## CAPS Spotlight!



A big SHOUT OUT to the players selected to ODP: **Emily Dendis, Reagan Schubach, Enzo Randazzo, Alexis Dendis, Lila Parente and Lila Hopkins!**

Want to know more about CAPS Premier?  
Follow us on Facebook at [CAPS Premier Soccer!](#)

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## Junior Rec

We had over 200 kids play Junior Rec (U4, U6, U8) at Barley Sheaf this Fall. Although, like all teams, Mother Nature presented some challenges, **the kids made progress each week and, most importantly, they had a lot of fun!** Unfortunately due to an early snow, our end-of-season Festival for U8 was canceled. GFSC will **offer a make-up session** prior to the Spring season for all U4, U6, U8 Fall players with our trainers.

Finally, we'd like to **thank our volunteer parent coaches** who dedicate their time each week to our kids. We look forward to seeing you again in the Spring! [Click here to register now for Spring Rec.](#)

**Tracy Ely**

Outgoing Director, Recreation U4-U8

**Greg Van De Moere**

Director, Recreation U10-U18

## Director of Coaching (DOC) Update

### Meet DOC/Coach Jon "Jono" Furlong



As Director of Coaching, Jon Furlong oversees all club programs: Recreation, Travel and CAPS Premier. Jon has been coaching with GFSC for more than 4 years and served as the DOC for the Boys Travel Program from 2016-2017. He holds a UEFA B license; FA Level 1 and 2; USSF D License and NSCAA Level 6. He is a former junior coach in the UK with Tranmere Rovers and an English Schools National champion. Jon's hometown is Liverpool, England, and he presently resides in Somerville, NJ.

Parents and Players,

I was extremely pleased with the development of the individual players and teams during the Fall season. We had some brilliant results, and I have seen good commitment from the players and coaches during games and practices. This commitment is key to the success of the players and the team. The intensity of the training sessions was high, which ultimately leads to high intensity performances in games and good results.

Over the Winter, the training sessions will again be focused on playing with high speed and quick decision making. Any extra work players can do at home will help to keep them focused and ready for the Spring season. Thanks for all your hard work, and I look forward to continued success as a club in the Spring.

Jon Furlong

GFSC/CAPS Premier Director of Coaching

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## A Note from Our GFSC President, Steve Fecho

This year has been a **phenomenal year** for our club, and I continue to be amazed by the wonderful commitment of our members. With over **700 members ages 2 to 63**, we truly have a sport for all ages and abilities that our community has fostered for over 35 years. Today, we are seeing local players achieving remarkable goals by making it to MLS, NJ ODP, College Teams and HS All-Star teams.

GFSC is a non-profit; however, through our fiscal conservatism, the Board of Directors has enabled **steady improvements to our equipment, training curriculum, and facilities**. This has been achieved in part by the generosity of our local businesses and corporate donations facilitated through our members' support. Additionally, our club would not be what is today if it were not for **our volunteers putting in countless hours for the benefit of our players, parents and community to enjoy**. I personally ask you to get involved and support our program like so many others in our community have done. Lastly, as a new season comes upon us, I encourage our players to **"Go for their Goals"** while our sidelines are filled with cheers and comradery. - SF

## Board of Directors Update

At the December board meeting, several new board members (**bolded**) were elected. We'd like to extend our **thanks to Lou Zampetti, outgoing Director of Finance, and Tom Hopkins, outgoing Director of Marketing/Communications, for their years of service to GFSC!**

Position	Board Member
President	Steve Fecho
Vice President	Ira Rosenheim
Director of Finance	<b>Brian O'Connor</b>
Treasurer	<b>Beth Hain</b>
Secretary	Karen Giffen
CAPS Premier Administrator	Beth Dendis
Travel Administrator	Bonnie Grant
Director, Recreation U10 - U18	Greg Van De Moere
Director, Recreation U4 - U8	<b>VACANT</b>
Director of Equipment	<b>Barry Levine</b>
Director of Fields	Peter Failla
Director of Marketing/Communications	<b>Tracy Ely</b>
Director of Schedules/Referees	<b>Joe Raborn</b>
Director of Special Events/Fundraising	<b>Evelyn Artache</b>
Registrar	<b>Jared Swart</b>
At Large Board Member	Margaret Flood
At Large Board Member	Gonzalo Videla
At Large Board Member	<b>VACANT</b>

## Did you know?

**GFSC is hosting a Grade 9 Referee Training Class.** Please visit our Facebook page to learn more. Also, remember to "Like" [Greater Flemington Soccer Club](#) on Facebook to follow the latest news & events. 

## Volunteers Needed!

We have 2 open board positions – Director of Rec U4-U8 and At Large Board Member. If you are interested in giving back to our community and being a member of the GFSC Board, please contact Tracy at [gfsc.microsoccer@gmail.com](mailto:gfsc.microsoccer@gmail.com)

## Our Mission

Greater Flemington Soccer Club, GFSC, is the largest independent soccer club in Central New Jersey. As a 501(c) (3) tax exempt organization, our mission is to promote and foster the game of soccer to both boys and girls ages 3 to 19 and adults as well. We have proudly created programs for all abilities.