

GFSC/CAPS Winter Newsletter

Greater Flemington Soccer Club

January 2020



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Happy New Year!

On behalf of the Board of Directors, we'd like to wish you a happy and healthy 2020! We also need volunteers – please see the last page for opportunities to get involved!



CAPS Premier

CAPS Premier Soccer had **an incredible season, our best to date!** The CAPS program was started to offer premier-level players in our area the opportunity to play locally at a competitive level that encourages player development. By getting more teams into the highest league play as well as the **State Cup win**, CAPS is gaining recognition and respect.

Highlights from the CAPS Fall Season:

- **1st 2009 Girls SKY BLUE** – Won Central Atlantic Premier III
- **1st 2009 Boys PSG** – Won Central Atlantic Premier IV South and won the 2019 President's State Cup, a first for the Club!
- **1st 2008 Girls COURAGE** – Won Central Atlantic Premier III
- **2nd 2008 Boys ATLETICO** – Finished 2nd in Central Jersey Championship III
- **1st 2007 Girls CHELSEA** - Won Central Atlantic Premier III
- **2nd 2007 Boys MONACO** – Finished 2nd in Central Atlantic Premier III and won the 2019 Lou Ramos Classic
- **6th 2006 Boys MANCHESTER UNITED** – 6th in USYS Mid-Atlantic Premier I (Highest EDP flight) and beat the current #1 ranked team in NJ



CAPS 09 PSG
2019 President's Cup Winners

Our CAPS teams attended the EDP Fall Classic and the EDP Winter Classic and we had winners in both! 2005B Arsenal and 2004G AC Milan won the Fall Classic with the 2008B Atletico coming in second. The 2004B Liverpool won the Winter Classic. Great representation from our teams!

In the Spring, we will have three teams in the USYS Mid-Atlantic EDP Conference, which has the top two brackets of play in the EDP league.

We start winter practices at NexLevel Arena and Branchburg Sports Complex beginning the first week of January. See you all then!

Beth Hain, CAPS Premier Administrator

Want to see more team pictures?

Follow us on [Facebook](#) for team photos and tournament updates!

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GFSC Travel

The GFSC Travel teams had a busy fall. We had a few newly formed teams who were learning how to play together, but each team was focused on development.

Kudos to all 14 teams for working hard every week! In addition, the club welcomed back **Marvin Zepeda** to the pitch! If you recall, just over a year ago, Marvin had a serious brain condition which resulted in several brain surgeries. It is a wonderful miracle to see him playing again! Thank you to everyone in the club who supported his recovery and his family during that difficult time!

The 12 GFSC travel teams who played in the MNJYSA league finished the fall season with a record of **46-55-15** with **229 goals scored** and **284 goals against**. There were only 4 un-played games across all our teams. Half of our teams finished with at least a 0.500 season which was great to see. Congratulations to the **2006B Titans who finished 1st in their flight** and to the **2005B Rangers and the 2008G Jaguars** who finished 2nd in their flight! The 2010G Spirit and 2011B Revolution finished strong in their flights despite standings not being reported for their birth year. A few of our teams were in very challenging flights which resulted in a rough season. The league will do its best to adjust to a more appropriate flighting for spring. All teams will continue to develop as the year progresses.



2006B Titans, 1st in their flight

The fall tournament also brought success for the club. The **2011 Boys Revolution, 2009 Boys Rage and 2006 Boys Titans** each won their brackets in the Bridgewater Kick-off Tournament in September. Great effort by all the travel teams in their tournament!

The Futures teams were able to get their festivals played this fall. Both teams played well together throughout the season and seemed to have a **fun time learning the game**. The 2012 Girls Pride and 2012/2013 Boys Galaxy will both play festivals again in the spring. Look forward to seeing these players continue to develop and have more fun along the way!

Please note for 2011 birth year and older, each trainer will provide a player evaluation and will have a **brief development discussion** with each player/parent over the winter. The winter training schedule is posted for your team in TeamSnap. Each team will have one indoor session per week in January and February. We will keep our fingers crossed to be outside in March.

We also want to say a **huge THANK YOU** to all the volunteer team managers and parent coaches for your time and dedication to your teams this season. The travel program would not be able to operate if we did not have your support! We really appreciate all your efforts to support your trainer and team. Wishing you all a safe, healthy and prosperous 2020!

Bonnie Grant, Travel Program Administrator

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Junior & Senior Rec Update: New Format in the Spring!

2019 was filled with fun and laughter for more than **350 players**. The recreational program is geared to all, from first timers to “retiring” high school players seeking to have a blast before college.

In an effort to further enhance our player/parent experience, coupled with our commitment to provide the best community based soccer program, we are proud to announce our U4-U14 soccer divisions will be **led by our professional training staff** with parent volunteers coaching on game day. This will provide a great opportunity for the players to hone their skills while providing an opportunity for parent volunteers to work alongside our outstanding training staff.

We strive to make these programs affordable to all and have had great sponsors to augment the cost of the program. If you are interested in sponsoring a team this season, please reach out to [Evelyn](#). [Registration](#) is now open, and we look forward to seeing you in the Spring.

Greg Van De Moere, Director of Recreation U10-U18

Director of Coaching (DOC) Update from Coach Jono

Parents and Players,

I hope all GFSC/CAPS families are enjoying the holiday break! It won't be long before our Premier and Travel players are starting winter practice, and then the Spring season will be here before we know it!

We have some new trainers in the club this season. **Becca Taylor** coaches the 2011 Girls Red Stars and also took over as the Recreation Training and Program Manager in the Fall. **Darryl Cox** is the coach of the 2007 Boys United, 2006 Boys Titans, 2003 Boys Dragons and the 2004 Girls CAPS AC Milan teams. **Karly Williams** coaches the 2012 Girls Pride, 2010 Boys Dynamo, and the 2005 Girls Impact. Also, **Andrew Kuphal** coaches the 2005 Boys Rangers. Welcome to all the new trainers!

Since I've been named to the Director of Coaching position, one of the things I've been working on is instituting a system where the **trainers have session plans** in place prior to each practice. This helps to ensure that teams cover the important topics and practices run more smoothly. One other thing I have tried to do is create **a feeling of “family”** within the club by sending teams to the same tournament, when possible, so that the players can support and watch each other. The trainers also see the players from different teams across the club and are familiar and friendly with all.

Trainers will be going over **evaluations** with travel and CAPS players during the winter break. Please feel free to speak to me if you have any questions or concerns.

Thank you to all of the parents and players for making this club a **great soccer “home”** for so many. We can all make a difference at each level of our club!

Coach Jono Furlong, GFSC/CAPS Premier Director of Coaching





Meet Our Trainers!

Meet Darryl Cox and Becca Taylor, two of our newer trainers



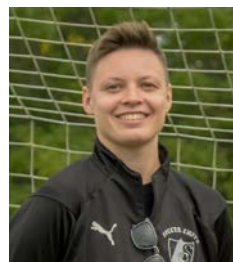
Darryl Cox

- 2007 Boys United
- 2006 Boys Titans
- 2003 Boys Dragons
- 2004 Girls CAPS AC Milan

Darryl is from Warrington, England and has been coaching youth soccer since 2013. Darryl has coached soccer in the UK, Canada, Australia, and the U.S. He graduated from Priestley College in 2011, achieving a Diploma in Sports Coaching, Exercise and Fitness (Grade – Triple Distinction). He also completed a Bachelor's Degree in Sports Development & Physical Education from Leeds Trinity University in 2014.

Darryl works for ATSC and holds the following coaching licenses: UEFA B License, UEFA C License, FA Youth Award, FA Youth Module 1 - Developing the environment, FA Youth Module 2 - Developing the practice, FA Youth Module 3 - Developing the player, FA Talent Identification, NCAA Futsal L1, USSF E License.

Darryl's hobbies include keeping fit and active and going to the gym. He likes the NBA, NFL and Rugby League. On non-soccer days, he can be found doing anything outdoors including hiking, kayaking, biking and quad-biking.



Becca Taylor

- 2011 Girls Red Stars
- GFSC Rec Program Manager and Trainer for U4, U6, and U8

Becca is from Flemington, New Jersey. She started playing soccer at a very young age and fell in love with the sport right away. She played 12 years for GFSC as a goalkeeper. During that time, her team won many championships. They even won the state championships in 2 consecutive years to stay number 1 in the state. Playing soccer has been a big part of her life; now coaching has become the biggest and best part of her life today.

Becca is currently enrolled at Raritan Valley Community College studying Sports Management. Becca works for SoccerSmith, and it is a very special job to her because Coach Anson coached her growing up. Now she has the opportunity to coach the sport she loves under Coach Anson's leadership.

Becca previously worked for SoccerShots and has obtained her National USSF F license.

Becca's hobbies include working out, reading and playing soccer.

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A Note from Our GFSC Vice President, Ira Rosenheim

Hello GFSC/CAPS Families,

GFSC is a volunteer-led, non-profit organization. We do not receive any taxpayer dollars for anything we do, including the operations of all our programs and the maintenance of our home at Clover Hill. **We depend on volunteers like you** to help run these programs for our kids.

Lately, we've had a severe shortage of volunteers for our Recreational program as well as Team Managers for our Travel and Premier programs. **We need your help!** Without volunteers, we will not be able to continue to deliver the high-quality programs you've come to expect. Please consider volunteering! Please contact [me](#) or [Tracy Ely](#) for more information.

Sincerely, Ira

Board of Directors

We recently held our annual elections for the Board of Directors. Congratulations to **Jim Warden, Tara Kraatz and Antonio Pires**, who are joining the board and will serve 2 year terms. We want to extend a **huge thank you to Bonnie Grant**, outgoing GFSC Travel Program Administrator, for her dedication and over **five years of service** on the Board of Directors to GFSC/CAPS!

Position	Board Member
President	Steve Fecho
Vice President	Ira Rosenheim
Director of Finance	Brian O'Connor
Treasurer	Beth Hain
Secretary	Jim Warden
CAPS Premier Administrator	Tara Kraatz
Travel Administrator	Antonio Pires
Director, Recreation U10 - U18	Greg Van De Moere
Director, Recreation U4 - U8	VACANT
Director of Equipment	Barry Levine
Director of Fields	Peter Failla
Director of Marketing/Communications	Tracy Ely
Director of Schedules/Referees	Joe Raborn
Director of Special Events/Fundraising	Evelyn Artache
Registrar	Jared Swart
At Large Board Member	VACANT
At Large Board Member	VACANT
At Large Board Member	VACANT

HELP WANTED!

Welding Services Needed for a Project at Clover Hill! Please contact [Peter Failla](#) for details.

Are you **skilled in web design?** We're looking for someone to help update our [GFSC](#) and [CAPS](#) websites. Please contact [Tracy Ely](#) for details.

Help support the Club when you shop on Amazon!

Simply shop at smile.amazon.com/ch/52-1750915 and AmazonSmile donates to Greater Flemington Soccer Club Inc.

Our Mission

Greater Flemington Soccer Club, GFSC, is the largest independent soccer club in Central New Jersey. As a 501(c) (3) tax exempt organization, our mission is to promote and foster the game of soccer to all.