

GFSC/CAPS Core Shared Values

1. Attitude: Positive Mindset

- Respect yourself, your teammates, coaching staff, referees, your opponents, and all spectators
- Believe in yourself and the training you are doing
- Show passion & enthusiasm for the game of soccer in training and competition
- Maintain positivity in the process. Nobody is perfect, and we learn from mistakes to continue improving

2. Work Ethic:

- Stay disciplined in trainings and competition
- Commit to learning and improving
- Work hard, give your best effort, and enjoy the game

3. Professionalism:

- Be on time for all training and competitions
- Be prepared for all training and competitions
- Be a team player
- Be open to learning and receiving constructive feedback

4. Determination:

- Be determined to succeed
- Stay positive
- Persevere when things do not go your way
- Be relentless – always strive to keep learning and improving your game

5. Communication:

- Practice teamwork – help your teammates and they will help you
- Communicate on and off the field with your teammates and coaches
- Stay positive in your comments to others
- Be a leader